

CLOTHING AND EQUIPMENT CHECKLIST

Our list allows for enough clothing for 8 days. All clothing should be casual, washable and color fast. **Please mark all clothing and equipment with a permanent marker.**

<input type="checkbox"/> 10 T-Shirts (At least 1 to get messy.)	<input type="checkbox"/> 5-8 pairs short pants (1 to get messy.)
<input type="checkbox"/> 2 pairs blue jeans	<input type="checkbox"/> 1 pair sweat pants (optional)
<input type="checkbox"/> 2 from the following list (can be 2 of same item—e.g., 2 sweatshirts): →	1) sweater, 2) sweatshirt, 3) heavy jacket
<input type="checkbox"/> 1 raincoat or poncho	<input type="checkbox"/> 1 pair rain boots or duck shoes (optional)
<input type="checkbox"/> 2 pairs sneakers	<input type="checkbox"/> 10 pairs socks
<input type="checkbox"/> 10 pairs underpants	<input type="checkbox"/> 10 undershirts/bras (<i>if part of normal attire</i>)
<input type="checkbox"/> 2 sets of sleepwear	<input type="checkbox"/> 1 pair flip-flops or sandals
<input type="checkbox"/> 1 bathing suit (trip day & if signed up for kayaking)	<input type="checkbox"/> 3 bath towels, 1 beach towel <input type="checkbox"/> 2 wash cloths
Bedding: <input type="checkbox"/> 1 pillow <input type="checkbox"/> 2 pillow cases <input type="checkbox"/> 2 sets twin bed sheets (2 fitted, 2 flat) <input type="checkbox"/> 1 or 2 heavy single blankets or a sleeping bag (to use on top of sheets)	Toiletries: <input type="checkbox"/> 1 toothbrush/paste <input type="checkbox"/> 1 bottle (unbreakable) shampoo <input type="checkbox"/> 2 combs or brushes <input type="checkbox"/> 1 bar soap with travel soap box <input type="checkbox"/> deodorant
<input type="checkbox"/> 1 laundry bag (washable) marked with name	<input type="checkbox"/> Sunscreen <input type="checkbox"/> Bug spray
<input type="checkbox"/> At least 4 pre-addressed (to family), STAMPED envelopes & writing materials (pens, paper, extra envelopes, stamps)	<input type="checkbox"/> FAN: 1 small fan to attach to or put along side bed (<i>with extension cord</i>)
<input type="checkbox"/> Reading light or flashlight/extra batteries <input type="checkbox"/> Books, magazines, word puzzles, playing cards, etc.	<input type="checkbox"/> Glasses/contacts: if glasses or contact lenses are worn, we recommend an extra pair be sent.
<input type="checkbox"/> Disposable Camera (for personal use, not for photography class)	<input type="checkbox"/> 1 hat – for outdoor activities such as trip days and sports

Suggested items (if pertains to chosen activities):

- For Biking
 - Helmet, gloves, comfortable bike shorts (2 pairs)
- Kayaking—shoes that can be worn in the water & stay on the feet
- Dancewear:
 - Ballet: leotard, tights & ballet slippers
 - Tap: tap shoes
 - Modern/Jazz: leotard (or comfortable workout clothes that allow teacher to see body position—not too baggy), jazz shoes (optional)

The only electronic items allowed are inexpensive personal music players WITH NO VIDEO CAPABILITY, such as an older IPOD Shuffle or Nano . No IPODS with video, Gameboys, cell phones, or other electronics.