

# Maine Arts Camp

## Kaleidoscope

### Info Sessions

#### CONNECTICUT:

**Sat., Dec. 5, 2009**

1:00 – 4:00 pm  
 Doubletree Hotel  
 789 Connecticut Ave.  
 Norwalk, CT 06854  
 (203) 853-3477

#### MASSACHUSETTS:

**Sun. Dec. 6, 2009**

1:00 - 4:00 pm  
 The Farm Condominiums  
 99 Florence Street  
 Chestnut Hill, MA  
 (Call for directions)

#### **Jan./Feb. Info Sessions**

**Mass. & CT:** For updates please become a fan of our Facebook page! ([link on website](#))



## The Art of Friendship:

### *Alive and well at camp!*

We make some the best friends we'll ever have when we are very young. I for one am very excited to be going to Philadelphia next week to celebrate a milestone birthday with some of my best friends from my early teen years. I haven't seen some of them in 30 years, but the bonds are so strong, I know it will be great.

One of the toughest parts of growing up is dealing with the trials and tribulations of friendships. In this high tech world, it's becoming even more complicated as kids become dependent on texting or writing on Facebook walls instead having old-fashioned real life interactions.

Many teens are realizing that while they might have 100's of friends on Facebook, they don't have a good friend to call when they're happy or sad or lonely.

Vanessa Van Petten, author of *You're Gounded* and facilitator of [www.radicalparenting.com](http://www.radicalparenting.com), a website written by teens, calls this the "Cotton Candy" friend phenomenon. "I find that we are truly hungry for real relationships because the social network 'friend' does not sustain us," says Van Petten.

When we talk to parents of prospective campers, one their biggest concerns is, "What if my child doesn't make any friends?" This is a valid concern. Going to camp for the first time is absolutely taking a risk—in the very best sense of the word! It's

important for kids to learn to take risks in a healthy way that helps them grow. Because campers live together, play together, and learn to work together, the friendships they make at camp are deep and everlasting. With the guidance of the counselors, they learn to respect one another, set boundaries, and share feelings in a way that powerfully bonds them together.



Here's how one of our parents described her daughter after camp: "She was so much more self-confident and so self-assured. She was so proud of herself and her newfound courage. She made incredible, bonding friendships in such a short period of time. It is incredible how much she grew in just a two-week period. She is counting down the days until it is time to return to camp!"



As many of us realize when we get older, friends are one of life's true treasures. We love hearing about all the campers keeping in touch throughout the year, and the years. These are memories in the making. For all you campers who were with us last summer, we hope you're enjoying staying connected to your camp friends, and maybe even getting together with them. We love hearing about it, so feel free to send us updates or even photos. For all our new or prospective campers, get ready to meet your new "friends for life" this summer at Maine Arts Camp!

*Candy Cohn, Assistant Director*

#### **Maine Arts Camp Mission Statement:**

To provide a non-competitive, nurturing environment in which children can explore and enjoy a balance of fine and performing arts, technology, enrichment activities and individual/lifetime sports as part of a small, inclusive community.

#### **Our approach to the camp experience:**

We are a non-traditional camp with no team sports or color war. Campers create their own schedules, choosing from a wide variety of activities. At Maine Arts Camp, we are committed to offering the highest quality program, staff and facility. We welcome all children to join us and celebrate being who they are!

Winter Address: P.O. Box 812076 Boca Raton, Florida 33481 \* Tel: (561) 865-4330 \* Fax: (561) 865-0855

[info@maineartscamp.com](mailto:info@maineartscamp.com) \* [www.maineartscamp.com](http://www.maineartscamp.com)

## In the News

Rick and Candy were recently interviewed on The Family Coach Blog Talk Radio show. You can listen by going to the link on the home page our website or go to [blgtalkradio.com/The-Family-Coach](http://blgtalkradio.com/The-Family-Coach).



## Web Site Updates

Ever since camp ended, we've been busy updating our website. Please be sure to visit to see lots of new photos, updates on Unity College, links to places near Unity, Maine, new activities, and we'll be updating our staff pages soon.

## Join our Social Networks:



Please become a fan of our facebook page, follow assistant director, Candy Cohn, on Twitter, and join Candy's network on LinkedIn. Click on the links on the left side of our web site.

Camp Director, Rick Makes, also has started a blog for his My Summers site. Check it out for some great camp info: <http://campjobs.blogspot.com>.

## Videography Class Projects:

To see the videos done in our videography classes this past summer, go to the Activities Page on our website, then scroll down to Technology, and you'll see the links to view the projects.

## Parent Resources:

Through our new involvement in social networking, we've been fortunate enough to meet many child and teen experts. Please visit the Parent Info Page on our website, and at the top, click on the Parenting Resources to see some great links that will help you deal with all kinds of challenging issues.



## New Activities

We're planning to add several new activities for summer 2010. These include:

- ◆ Gardening
- ◆ Environmental Education
- ◆ Woodworking
- ◆ Musical Theater

## **NEW! SPECIALTY WEEK:**

Specialty Week is an add-on for 11-15 year olds who are attending a 2 or 4-week session. This one-week program will allow campers to spend 2½ hours a day in each of 2 activities (a total of 15 hours in each). If you compare this to the 6 hours they spend in each activity during our regular 2-week sessions, you can just imagine how much they can learn and accomplish during this week!

For any campers who are serious about any one of the activities that we're offering during Specialty Week, this will be the perfect opportunity to blossom in that area. If you have any questions, please feel free to contact us.

The proposed activities are listed below, but we may add a few more. We'll continue to keep you updated through emails and on our Facebook page.

### Visual Arts

- Pottery
- Painting/Drawing
- Portraiture
- Still Life Painting
- Sculpture
- Stained Glass
- Jewelry

### Photography

### Videography

### Cooking

### Dance

- Choreography
- Modern Dance
- Hip Hop

### Theater

- Acting
- Playwriting

### Electives will include:

Biking, yoga, fitness, archery, Ultimate Frisbee, kayaking/canoeing, and more!

## Trip Days

There are 2 Special Days per session. They may include spending the day relaxing at a beach at *Pemaquid Beach*; spending a day at *Peaks Kenny State Park* for swimming and hiking; a 2-hour workshop in the morning on campus followed by a trip to *Lake St. George Park* or to the *Harold Alfond YMCA Center* in Waterville where there's a swimming pool, climbing wall and many other ways to have loads of fun!

## Tuition Cancellation Insurance

This year, we've established a relationship with a company that offers reasonably priced tuition cancellation insurance. This will allow you to register for camp with the peace of mind that you will be reimbursed should some unforeseen occurrence force you to cancel your registration. We'll send info soon to all who've enrolled.

Coverage includes:

- Cancellation for Any Reason
- Program Cancellation
- Program Interruption
- Medical Expenses
- Medical Records On Line
- Personal Effects Baggage
- NO EXCLUSIONS for PANDEMIC/EPIDEMIC

## Enrollments

Registrations are coming in strong from returning campers as well as new ones. Camper applications are on our web site, but feel free to contact us if you need one. Don't worry about signing up for activities yet; we'll be sending out an updated activity signup sheet with the parent handbooks and other forms in early 2010!

**A REFERRAL IS THE  
BIGGEST COMPLIMENT.  
THANK YOU TO ALL WHO  
HAVE SHARED YOUR  
TRIBUTES! ☺**